

Name: _____

Date: _____

NEEDS AND INTERESTS

Identifying how you can grow and serve others in the four areas of growth mentioned in Luke 2:52 can help you set personal goals and plan activities and lessons. While it is not required, you may choose to share your responses on this sheet with your parents, leaders, or peers so they can help you achieve your goals, plan activities and Sunday lessons, and guide conversations at home or church.

| | SPIRITUAL | SOCIAL | PHYSICAL | INTELLECTUAL |
|--|-----------|--------|----------|--------------|
| What do I like to do? What do I want to explore? (soccer, reading, cooking, music, gospel study) | | | | |
| What duties and responsibilities do I have? (family, Church and priesthood duties, school, work) | | | | |
| What life events or special activities do I need to prepare for? (school exam, Church talk, musical performance, priesthood ordination, job interview, mission, college, marriage) | | | | |
| What skills do I need to develop to prepare myself for the future? (cooking, home maintenance, money management, teaching, reading) | | | | |
| What does Heavenly Father want me to do to bless and serve others? (visit someone, teach a skill, share a talent, provide aid) | | | | |