

Chastity

Consider the following to help you create your outline:

- The [Chastity](#) topic page
- [Preach My Gospel](#): “Live the Law of Chastity” (77)
- Activity ideas in [Come, Follow Me](#)

Think about the people you are going to teach. What do they already understand about the law of chastity? Consider their age, experience, and learning styles. What do you think would be the most effective way to help them learn about the law of chastity? How will living it bless them and their current and future family?

Sample Outline A (share a brief definition, scripture, and personal experience)

The law of chastity is: [Give a brief definition of the law of chastity. Share your feelings about why living this law is so important.]

My favorite scripture (or scriptures) about the law of chastity is:

This scripture teaches us:

In my life: [Share how living the law of chastity has blessed your life. Share your testimony about how living the law of chastity can bless everyone.]

Sample Outline B

What pictures, objects, or experiences can you share to help the people you are teaching understand the law of chastity? (Consider images of scriptural stories like [Joseph resisting Potiphar's wife](#), videos like the [Savior](#) talking to a woman taken in adultery, or [Mormon Messages for Youth](#) on this subject.)

Prayerfully study scriptures and general conference talks about the law of chastity. What do you feel impressed to share with the people you are going to teach? How can you help them discover for themselves the importance of making this law a part of their lives?

How can an understanding of the law of chastity be a blessing in the lives of those you teach? How has an understanding of his law guided you in making daily decisions? What personal experiences could you or those you are teaching share?

What do you hope will happen in the lives of the people you teach? How will you invite them to act on what they learn? What will you do to continue to support and love them?
