

## Ordinances and Covenants

Consider the following to help you create your outline:

- The [ordinances and covenants](#) topic page
- [Preach My Gospel](#): “The Gospel of Jesus Christ” (60–70)
- Activity ideas in [Come, Follow Me](#)

Think about the people you are going to teach. What do they already understand about ordinances and covenants? Consider their age, experience, and learning styles. What do you think would be the most effective way to help them learn about the importance of making and keeping sacred covenants?

**Sample Outline A** (share a brief definition, scripture, and personal experience)

Ordinances and covenants are: [Give a brief definition of what an ordinance is and the covenant (promises) associated with the ordinance. Share the different ordinances and covenants we make.]

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My favorite scripture (or scriptures) about ordinances and covenants is:

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This scripture teaches us:

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In my life: [Share how making and keeping sacred covenants has blessed your life. Include specific experiences you have had. Share your testimony about the importance of participating in ordinances and making and keeping covenants.]

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## Sample Outline B

What pictures, objects, or experiences can you share to help the people you are teaching understand ordinances and covenants? (Consider images of scriptural stories like the Lord's covenants with [Noah](#) and [Abraham](#). Consider young men like [Joseph](#), [Daniel](#), and [Shadrach](#), and who kept their promises to the Lord, or [Moses](#) receiving the Ten Commandments. Also consider [Alma](#) baptizing in the waters of Mormon or [Joseph Smith](#) receiving the Melchizedek priesthood.)

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Prayerfully study scriptures and general conference talks about ordinances and covenants. What do you feel impressed to share with the people you are going to teach? How can you help them discover for themselves the importance of making and keeping sacred covenants?

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How can an understanding of ordinances and covenants be a blessing in the lives of those you teach? How has your desire to follow the Savior guided you in making daily decisions? What personal experiences could you or those you are teaching share?

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What do you hope will happen in the lives of the people you teach? How will you invite them to act on what they learn? What will you do to continue to support and love them?

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