

# You're Not Your Mistakes

2019 Mutual Theme Album

♩ = 105

Words and music by Nik Day

Musical notation for the first system, measures 1-3. The vocal line is in treble clef with a soprano clef (8) and a key signature of three sharps (F#, C#, G#). The piano accompaniment is in grand staff (treble and bass clefs) with a key signature of three sharps. The lyrics are: "You're not your mis-takes. \_\_\_ It's just some-thing you do \_\_\_".

Musical notation for the second system, measures 4-6. The vocal line continues with lyrics: "\_\_\_ some - times. But that's not who you are \_\_\_ In your heart". The piano accompaniment features a melodic line in the right hand and a bass line in the left hand.

Musical notation for the third system, measures 7-9. The vocal line continues with lyrics: "\_\_\_ 'Cause you keep \_\_\_ on \_\_\_ try - ing. \_\_\_". The piano accompaniment continues with a melodic line in the right hand and a bass line in the left hand.

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9

So don't \_\_\_\_\_ be so hard on your - self. \_\_\_\_\_

Detailed description: This system contains the first two staves of music. The top staff is a vocal line in treble clef with a key signature of three sharps (F#, C#, G#) and a common time signature. It begins with a whole rest, followed by a quarter rest, and then a melodic line of eighth notes: G4, A4, B4, A4, G4, F#4, E4, D4. The bottom staff is a piano accompaniment in grand staff (treble and bass clefs). It starts with a whole rest, followed by a quarter rest, and then a chord of G4, B4, D5 in the right hand and G2 in the left hand.

11

Just ask \_\_\_\_\_ Him for a lit - tle help. \_\_\_\_\_

Detailed description: This system contains the next two staves of music. The vocal line continues with a whole rest, a quarter rest, and then eighth notes: G4, A4, B4, A4, G4, F#4, E4, D4. The piano accompaniment features a chord of G4, B4, D5 in the right hand and G2 in the left hand, with some movement in the right hand in the second measure.

13

\_\_\_\_\_ This is on - ly a phase, \_\_\_\_\_ And there's time to change. \_\_\_\_\_

Detailed description: This system contains the next two staves of music. The vocal line starts with a whole rest, followed by eighth notes: G4, A4, B4, A4, G4, F#4, E4, D4. The piano accompaniment has a chord of G4, B4, D5 in the right hand and G2 in the left hand.

15

\_\_\_\_\_ You're not your mis - takes. \_\_\_\_\_

Detailed description: This system contains the final two staves of music. The vocal line begins with a whole rest, followed by eighth notes: G4, A4, B4, A4, G4, F#4, E4, D4. The piano accompaniment features a chord of G4, B4, D5 in the right hand and G2 in the left hand, with some movement in the right hand in the second measure.

18

1. It's like you've been hyp - no - tized, Stumb - ling your way  
 2. The wor - ries in - side your head Tell you that you

20

through life. — — And it's weigh - ing you down, —  
 should quit — — 'Cause it's a lit - tle too late. —

22

— — Want - ing to do what's right. You fall e - v'ry time  
 — — But you know that it's a lie 'Cause your fu - ture's burn -

24

you try. — — What are you gon - na do now? — — You could hang your head  
 ing bright, — — And He will light — — the way. — —

27  
8  
low, head low, or You could pick your - self

29  
8  
up, move for - ward. No mat - ter how bad it gets,

29

31  
8  
it's not o - ver. It's not o - ver.

31

33  
8  
You're not your mis - takes. \_\_\_\_\_

33

35  
8  
It's just some - thing you do \_\_\_\_\_ some - times. \_

37  
8  
But that's not who you are \_\_\_\_\_ In your heart \_

39  
8  
\_ 'Cause you keep \_\_\_\_\_ on \_\_\_\_\_ try - ing. \_

41  
8  
So don't \_\_\_\_\_ be so hard on your - self. \_

43

Just ask \_\_\_\_\_ Him for a lit - tle help. \_\_\_\_\_

45

\_\_\_\_\_ This is on - ly a phase, \_\_\_\_\_ And there's time to change.

47

To Coda  $\oplus$   
*3rd time only* 1.

\_\_\_\_\_ You're not your mis - takes. \_\_\_\_\_

50

2.

53

Musical notation for measures 53-55. The key signature is three sharps (F#, C#, G#). The music is in a piano style with a focus on sustained chords and melodic lines in both hands.

56

Musical notation for measures 56-57. The key signature is three sharps (F#, C#, G#). The music continues with sustained chords and melodic lines.

58

Musical notation for measures 58-59. The key signature is three sharps (F#, C#, G#). The music continues with sustained chords and melodic lines.

60

Musical notation for measures 60-62. The key signature is three sharps (F#, C#, G#). The music continues with sustained chords and melodic lines.

63

D.S. al Coda

Musical notation for measure 63. The key signature is three sharps (F#, C#, G#). The music features a melodic line in the right hand and a sustained chord in the left hand.

You're not your mis-takes.

63

Musical notation for measures 63-65. The key signature is three sharps (F#, C#, G#). The music continues with sustained chords and melodic lines.

66  $\oplus$  CODA *rit.*

This is on - ly a phase, — And there's time to change.

68

— You're not your mis - takes. —



# You're Not Your Mistakes

*You're not your mistakes.  
It's just something you do sometimes.  
But that's not who you are  
In your heart  
'Cause you keep on trying.  
So don't be so hard on yourself.  
Just ask Him for a little help.  
This is only a phase,  
And there's time to change.  
You're not your mistakes.*

1. It's like you've been hypnotized,  
Stumbling your way through life.  
And it's weighing you down,  
Wanting to do what's right.  
You fall ev'ry time you try,  
What are you gonna do now?  
You could hang your head low, head low, or  
You could pick yourself up, move forward.  
No matter how bad it gets, it's not over.  
It's not over.

*You're not your mistakes.  
It's just something you do sometimes.  
But that's not who you are  
In your heart  
'Cause you keep on trying.  
So don't be so hard on yourself.  
Just ask Him for a little help.  
This is only a phase,  
And there's time to change.  
You're not your mistakes.*

2. The worries inside your head  
Tell you that you should quit  
'Cause it's a little too late.  
But you know that it's a lie  
'Cause your future's burning bright,  
And He will light the way.  
You could hang your head low, head low, or  
You could pick yourself up, move forward.  
No matter how bad it gets, it's not over.  
It's not over.

*You're not your mistakes.  
It's just something you do sometimes.  
But that's not who you are  
In your heart  
'Cause you keep on trying.  
So don't be so hard on yourself.  
Just ask Him for a little help.  
This is only a phase,  
And there's time to change.  
You're not your mistakes.*

*You're not your mistakes.  
It's just something you do sometimes.  
But that's not who you are  
In your heart  
'Cause you keep on trying.  
So don't be so hard on yourself.  
Just ask Him for a little help.  
This is only a phase,  
And there's time to change.  
You're not your mistakes.  
This is only a phase,  
And there's time to change.  
You're not your mistakes.*